

Thrive for Alexa from Thrive Global

- [Link to Amazon: Free](#)

Children love talking with Alexa on their parents' Amazon Echo, and Thrive for Alexa from Thrive Global makes for an excellent option for parents who want to utilize mindfulness apps for kids, but don't necessarily want to give them access to a smartphone. Children can ask Alexa for meditations throughout the day, and Alexa will guide them through a calm morning, or even settle into rest at night.