



Team Human

Where Hustle Meets Heart



Gary Gzik



Author of:





| **AGENDA** |

1. Relationships – The key to living
2. Energy and enthusiasm
3. All you need is . . .
4. Group feedback
5. Message and a commitment



Are you feeling the squeeze?

A close-up photograph of a person's hands holding a small, detailed globe of the world. The hands have red-painted fingernails. The globe is positioned centrally, showing the Atlantic Ocean and parts of North and South America. A semi-transparent white rectangular box is overlaid across the middle of the image, containing the text "The key to a good life" in a large, bold, black sans-serif font. The background is dark and out of focus.

The key to a good life



What *really* matters?

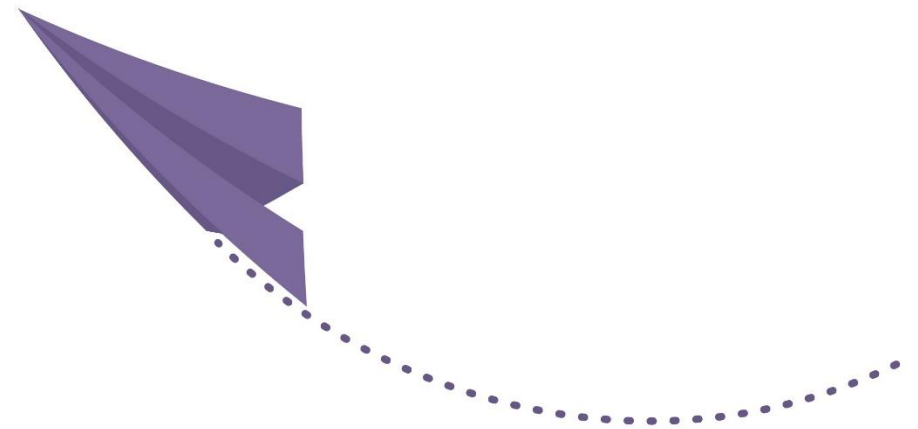
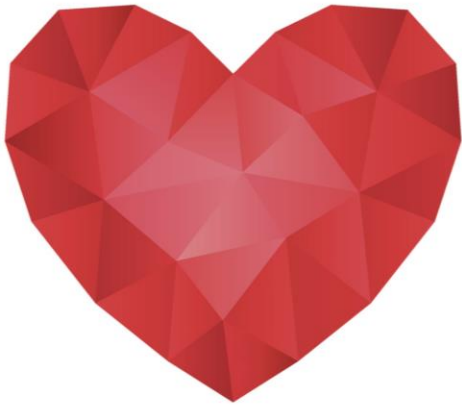
If today was your last day, what would your top three regrets be?

What makes a **life**?

Relationships

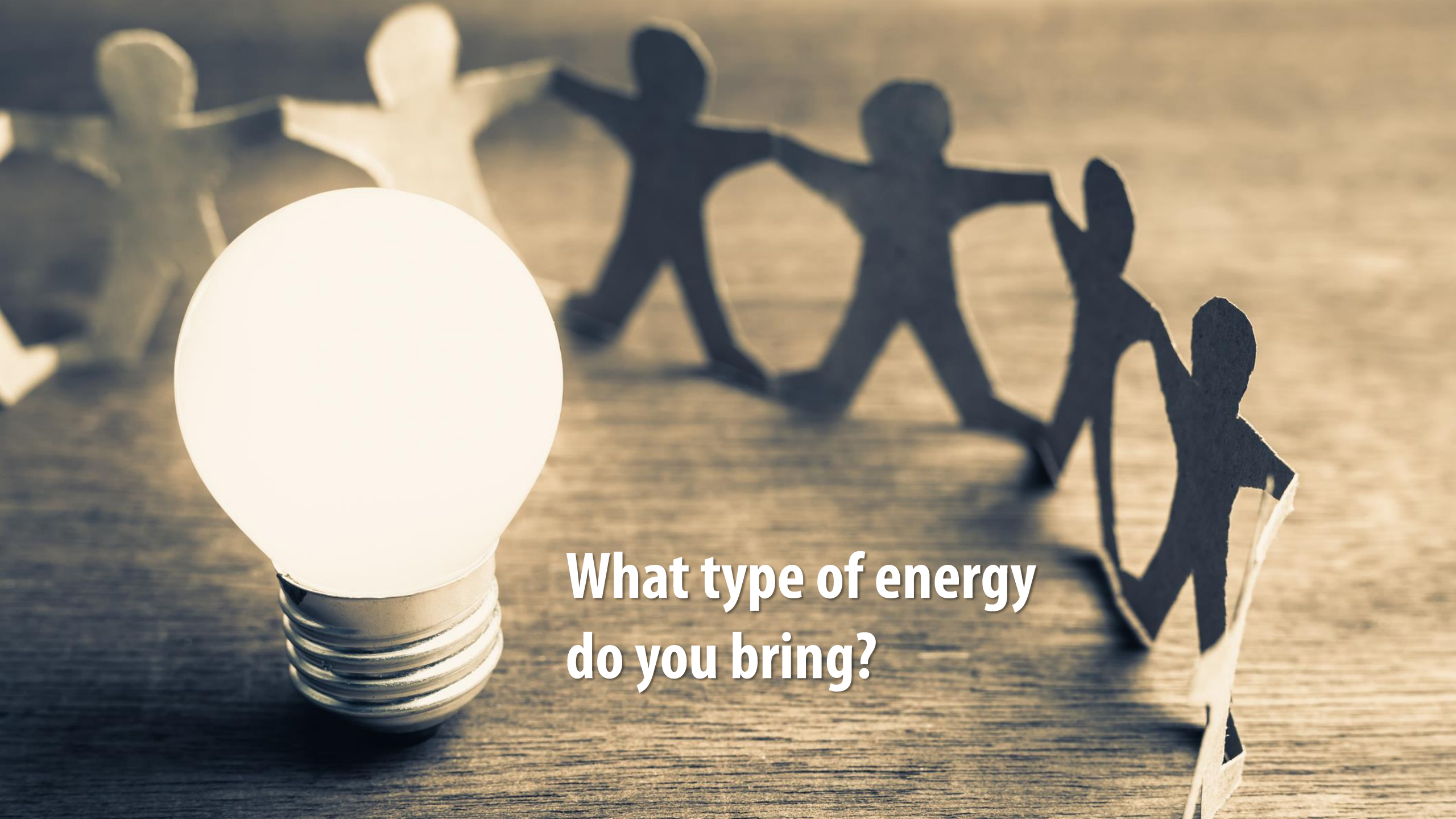
&

Experiences



The goal is to create a **connection**.





**What type of energy
do you bring?**

Obligation vs. Opportunity





Bringing love back to work

How we bring more **love** into work:

RESPECT | **TRUST** | **CARING** | **COMMITMENT** | **PASSION**



20 000 moments



What's your impact?

| THE POWER OF THE MOMENT |

Joy
Engagement
Motivation

| THE MAGIC RATIO |



5



1



The soul becomes dyed with
the color of its thoughts.

Marcus Aurelius

**Your attitude is contagious.
Choose wisely.**





**We love the people who make us love who
we are when we are with them.**



**People want to be seen.
People want to be understood.
People want to be appreciated.**

Showing up is the shortcut.





150 Seconds

What are you practicing?



| SEEKING UNDERSTANDING |

EACH PERSON...

- Is assigned a number from 1-4 which represent a question
- Will interview 3 other people, asking the assigned question
- Will take notes during the interview
- Will join the other “same question” interviewees to compile a list of findings and priorities

One representative from each group will report back to the larger group

Interviews will last 2 minutes.

| SEEKING UNDERSTANDING |

Question # 1

What gives you energy while you are at work?

Question # 2

What drains you of energy while you are at work?

Question # 3

Why do you do what you do?

Question # 4

What is the most rewarding part of your job?

| SEEKING UNDERSTANDING |

1 interviews # 2

What gives you energy while you are at work?

3 interviews # 4

Why do you do what you do?

| SEEKING UNDERSTANDING |

2 interviews # 1

What drains you of energy while you are at work?

4 interviews # 3

What is the most rewarding part of your job?

| SEEKING UNDERSTANDING |

1 interviews # 3

What gives you energy while you are at work?

2 interviews # 4

What drains you of energy while you are at work?

| SEEKING UNDERSTANDING |

3 interviews # 1

Why do you do what you do?

4 interviews # 2

What is the most rewarding part of your job?

| SEEKING UNDERSTANDING |

1 interviews # 4

What gives you energy while you are at work?

2 interviews # 3

What drains you of energy while you are at work?

| SEEKING UNDERSTANDING |

4 interviews # 1

What is the most rewarding part of your job?

3 interviews # 2

Why do you do what you do?

| SEEKING UNDERSTANDING |

20 minutes to summarize and prioritize.

One member to report back to entire group in a presentation.

| SEEKING UNDERSTANDING |

Question # 1

What gives you energy while you are at work?

Question # 2

What drains you of energy while you are at work?

Question # 3

Why do you do what you do?

Question # 4

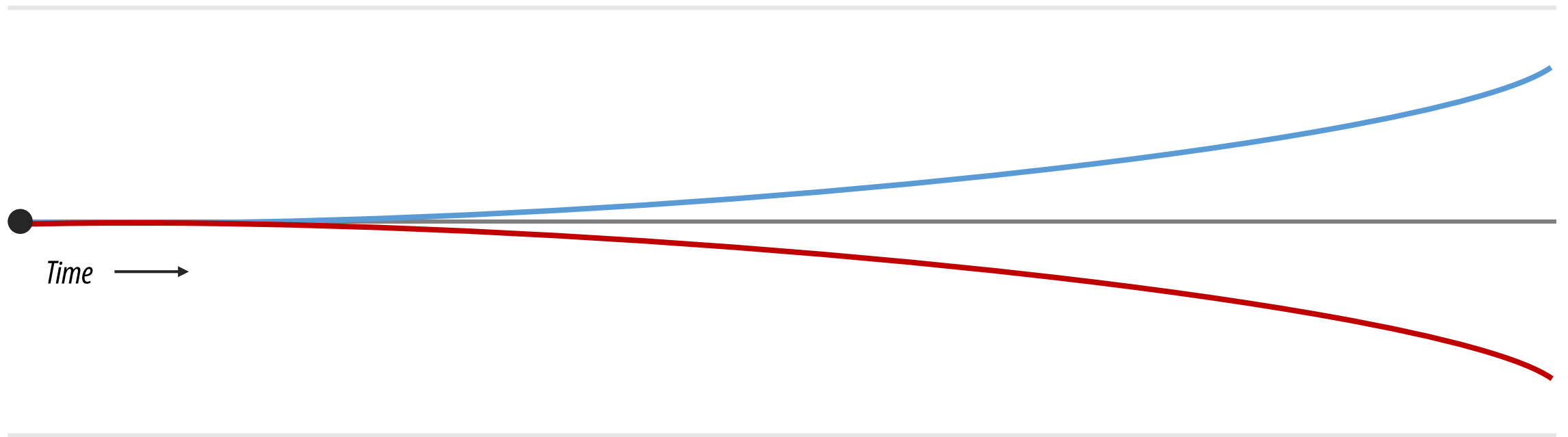
What is the most rewarding part of your job?

The Power of One

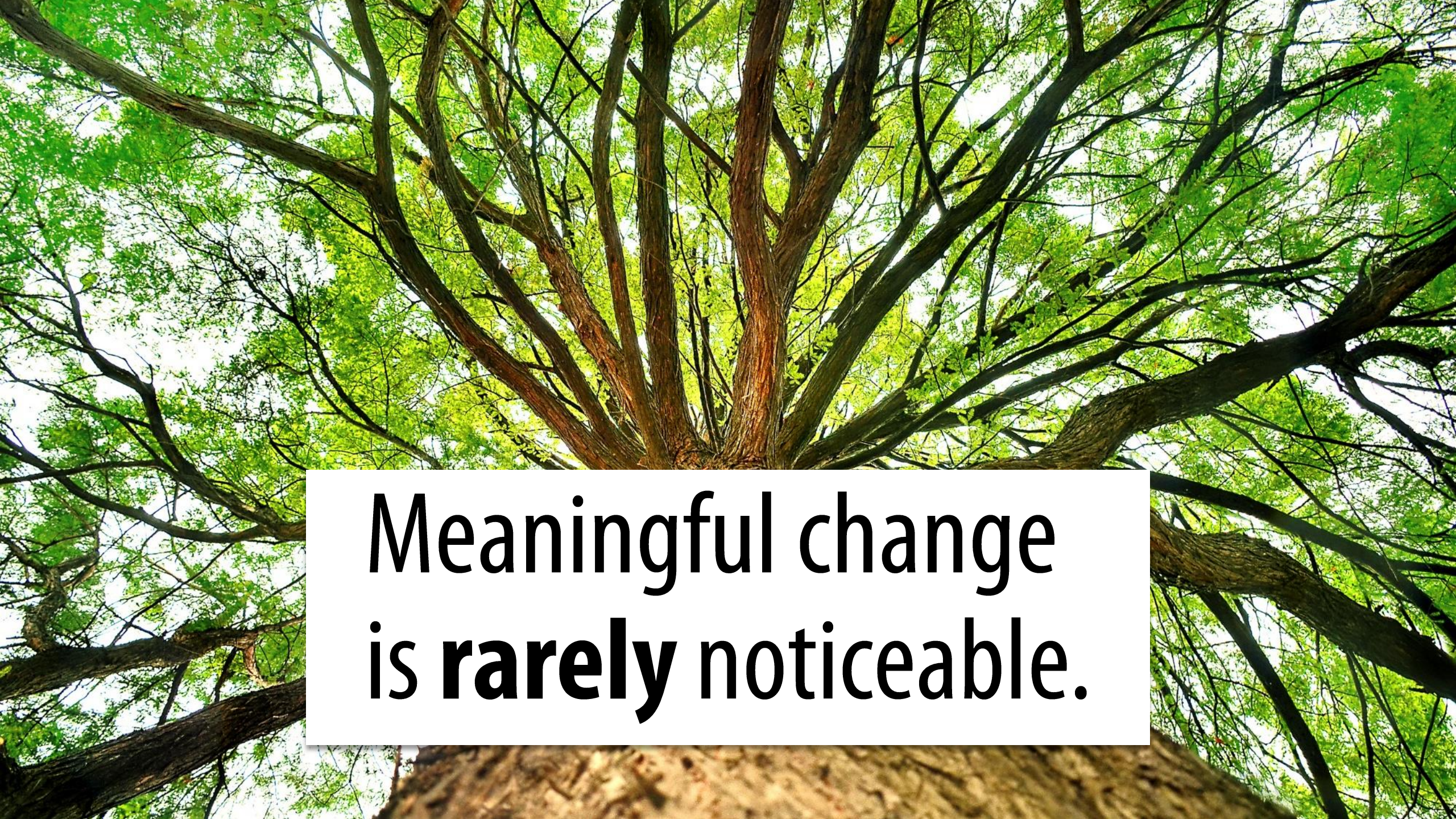


1% improvements

| SUCCESS CURVE |



- 1% improvement
- 1% decline



Meaningful change
is **rarely** noticeable.

Water boils at 212°F.

At 211°F it's just hot water.



Chris Hadfield's Unwritten Rule.



Photo credit: NASA

**One kind thing.
Every single day.
For every astronaut.
Without exception.**



Photo credit: NASA

Success is a few disciplines,
practiced every day;
while **failure** is simply
a few errors in judgment,
repeated every day. — Jim Rohn

| Purpose |


“Am I making a difference?”

Doing something bigger than yourself.

| purpose |

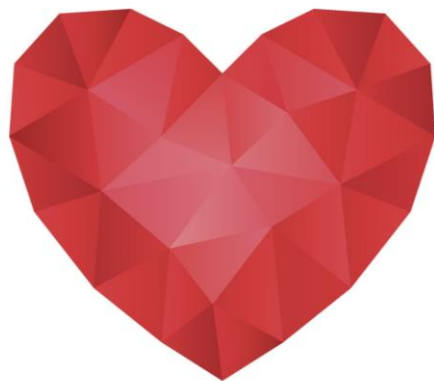
“Am I making a contribution?”

Doing something that matters to
people around you.

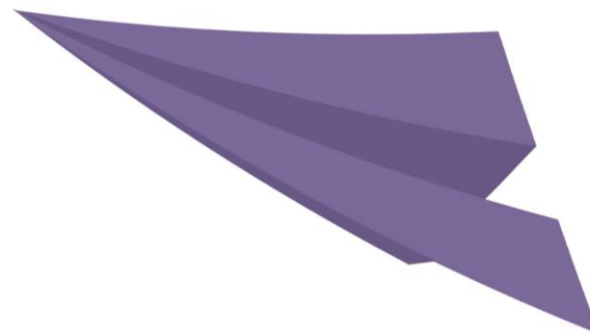
A hand holding a large red heart against a dark, textured background. The heart contains the text "You've got to make it *personal.*".

**You've got
to make it
*personal.***

Our hope
for you is:



My commitment
to you is:





Don't be a **stranger**

Connect with us for more awesomeness!

Email: marketing@bizxcel.com

Website: www.BuildaKickAssCompany.com

Blog: www.BuildaKickAssCompany.com/blog

Facebook: www.facebook.com/BizXcel

Twitter: @BizXcel

Instagram: @buildakickasscompany

